



Mo Spiritual Magic Wand



Howlite

Howlite is also thought to have properties that help relieve stress, open up memories of previous lives. Howlite helps to soothe the mind, the body and the spirit. This calming stone is always ready to help cool down fiery tempers, anxiety, insomnia, slow down heartbeats and help us lead with wisdom

Chakra:



Crown

Element:

Air

Astrological Signs:

Virgo & Gemini

Affirmation:

"I let go of any stressful attachments and embrace the joy of living."

Care:

Crystals can be 'charged' by placing them in the moonlight or smudged with sage. This is the preferred method for your 'Mo Spiritual Magic Wand'.



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